

## **Utilizing the Principles of Universal Design for Learning in Physical Education for Access and Equity**

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Globally, the United Nations (UN) policies including the Convention on the Rights of Persons with Disabilities (CRPD) specifically refers to physical activity as a right for all children within educational institutions (United Nations International Children's Emergency Fund 2007), including those with a disability, to be provided with opportunities to experience full and effective participation in physical activity opportunities. Within the UN, the education for all (EFA) movement aspires to change current educational practices so that all students receive equitable opportunities. This presentation will introduce the pedagogical practices underpinning Universal Design for Learning and offer participants the opportunity to strategize implementing the UDL components of engagement, representation and action and expression. Educators will be provided with the knowledge and skills needed to embed the principles of UDL within their physical education curricula and programming. UDL provides alternative methods of instruction (in the broad sense), delivery of instruction, materials (equipment), and methods of student response (how students show what they can do)—all within the general education curriculum for every student, regardless of his or her skills. Recommendations for specific strategies and protocols that can be implemented into teachers' educational practices including instruction, peer support, paraeducator support/training and environmental factors that align with UDL components will also be discussed.