

Secondary Physical Education: Current Issues, Trends, & Research from the Field

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Teaching quality secondary physical education has become more challenging in the 21st century than ever before. Marginalization (Blankenship & Coleman, 2009), teacher role conflicts (Ryan, 2008), limited supervisory support (Ha, Hums, & Greenwell, 2011), and misaligned curriculum (Hodges, Laughlin, Brusseau, 2018) have plague high schools in the United States. Unfortunately, guidance from SHAPE America and other organizations has been limited, and sometime controversial, with the recent removal of team-based sport standards (Johnson, 2017). Nevertheless, in this practical session attendees will gain a sound understanding of current secondary physical education curricula and instructional trends, and discuss methods in circumventing existing barriers. Attendees will also discuss cultivated teacher preparation practices and engage in syllabi review in order to better prepare our preservice teachers for a career in secondary physical education. Further discussions will be had on current and future research on the topic, and how we can continue to support and improve how secondary physical education is offered.